



Ambulatory Anesthesia Practice

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PATIENT INSTRUCTIONS

Your child has been scheduled to receive dental treatment under Deep Sedation/General Anesthesia. The medications that will be administered will allow your child to undergo this treatment in a safe and comfortable manner. The following instructions will help you prepare for this procedure. **FAILURE** to follow these instructions could put your child at unnecessary risk and result in cancellation of the appointment.

- **All foods should be stopped 8 hours before coming to the dental office, however your child can drink CLEAR LIQUIDS (clear apple juice, water) up to 3 hours before the dental appointment.**
- Your child should wear comfortable, loose-fitting clothing with **short sleeves**.
- Please bring a small blanket and a spare set of clothing for your child.
- We prefer two responsible adults be with the child at the time of discharge.
- Arrange to have the **entire day off** from work to be with your child, and limit his/her activities for the remainder of the day after treatment.
- Please report any change in your child's general health (e.g., cold, cough, fever, etc.) to the dental office or the anesthesiologist prior to the day of the appointment.
- You will be contacted by the anesthesiologist prior to the appointment for a preoperative evaluation of your child and to answer any questions that you may have.

Your child's comfort and safety are our primary concerns. Please follow the instructions to help us achieve our goals.

Thank you.