



Ambulatory Anesthesia Practice

M.H. Sadeghi, D.D.S.

Diplomate of American Dental Board of Anesthesiology

POST-ANESTHESIA INSTRUCTIONS

Your child has just had dental treatment with IV anesthesia. The after effect of the anesthetic medications may last up to 24 hours.

- You should expect your child to be drowsy for some time after he or she awakens; remain close to your child to comfort him or her.
- Children are often unsteady for several hours after anesthesia. Please do not allow your child to walk or stand without your help and support.
- Your child may have an elevated temperature today; however, the temperature should return to normal by tomorrow. The temperature of up to 101°F should be treated with children's Motrin, Advil, or Tylenol. Please contact Dr. Sadeghi if your child has temperature of above 101°F for further instructions.
- Occasionally patients will be nauseated or vomit after anesthesia on the same day of surgery. Encourage your child to drink fluids (water, clear fruit juice, soda). If your child is still nauseated or vomits the day after anesthesia contact Dr. Sadeghi for further instructions.

WHAT TO DO FOR YOUR CHILD'S COMFORT:

- When you return home allow your child to rest and sleep on one side preferably.
- **Do not plan activities. Supervise your child for the remainder of the day.**
- Limit your child's intake to clear liquids for the first few hours after the dental procedure, e.g. Popsicle, water, Jell-O, apple juice, etc. The first meal should consist of soft foods only, requiring minimal chewing. If your child is not hungry the first day, do not force him or her to eat but do encourage plenty of fluid intake.
- Do not give your child any medicine except what the doctor recommended or prescribed.
- Any unusual reaction should be reported to Dr. Sadeghi immediately. This could include but not limited to difficulty breathing, generalized body rash, severe pain or swelling at the IV site in the arm or hand.

Please contact Dr. Sadeghi for anesthesia related complications @ (831) 464-3011.

If there is a delay and you feel your child has an emergency, take him or her to the Emergency Room.

Anesthetic agents administered:

- Nitrous oxide
- Isoflurane
- Midazolam
- Fentanyl
- Glycopyrolate
- Ketamine
- Propofol
- Mivacron